IN THE KNOW

USU Controller’s Office, Logan, UT
June 2017, Volume 10

THANK YOU FOR YOUR YEARS OF SERVICE

Derek Brown has been with us for 1 YEAR
Taylor Paskett has been with us for 1 YEAR
Kara Johnson has been with us for 2 YEARS
Kevin Riley has been with us for 2 YEARS

We appreciate all you do for the office. We couldn’t do it without you. We look forward to many more years to come. Thank you!!

CAUTION: DO NOT READ WHEN HUNGRY

I’m sure that many of you, like myself, look forward to going to restaurants that we don’t have here in Cache Valley whenever you venture out of town. I became curious and wondered which restaurants are missed, craved, and dreamt most about by our employees. The most popular answer was Cafe Zupas. They are known for their house-made soup, salad, and sandwiches that are each served with a slice of soft french bread and a chocolate covered strawberry. The most comparable restaurant that we have in the valley (that I’ve found) is Apple Spice Bakery (two thumbs up from me). The second most popular answer was Applebees. I guess you guys see a need for ‘Good Food. Good People.’ here in the valley. Now, I’m ashamed to admit, but I’ve never actually been to an Applebee’s Grill & Bar. Correct me if I’m wrong—based off the menu, I’m getting a Chili’s vibe.

Three of the more popular answers were: Red Robin, Crown Burger, and ‘a good BBQ place’. I’ll have to agree with you guys there on wanting a Red Robin (Robert Linford, Samantha Tervort, and Deb Megill) and a Crown Burger (Glen Schmidt, Robyn Hilton-Alison, and Russell Jensen). Both delicious places to get good burgers and fries—my favorite! Some of the BBQ places that were suggested were: Sweatman’s BBQ (Allen Dawes) and Goodwood BBQ (Jill Hansen). The others just called out for more BBQ places in general.

Some of the other restaurants that were mentioned more than once were as follows:
- The Cheesecake Factory (Kim Flippence and Monica Bosworth)
- In-n-Out Burger (Robert Linford and Joy Poulsen)
- Red Lobster (Wendy Rodesky and Michelle Bair)
- Outback Steakhouse (Wendy Rodesky and Deb Megill)

Greek food was brought up by Robyn Hilton-Alison and Laura Lake. Thai food was the desire of Betsy Clark. Lee Alder wishes that there were a good German restaurant here in town. Matthew Millburn would appreciate if Cache Valley had Arabic food. Robert Kekauoha doesn’t care where it’s at, he just has one simple request—’sticky rice…all restaurants need to serve sticky rice’. And Jill Hansen is just here wishing that Pita Pit would reappear! I was really impressed by the wide variety of foods that our employees like! By some miracle, we even had Bob Marley participate in the survey and he requested more “Soul Food” in the valley.

After sorting through all of your answers, there were quite a few that have me wanting to go down to SLC just to eat! Do you think Dan would mind if I took a long lunch to go down and have Sconecutter (Robyn), PF Changs (Linda Rupp), or Tucanos (Tyler Himes)? Who’s coming with? 😊
### ZUPAS BBQ CHICKEN SALAD

**Ingredients:**
- 1 tablespoon olive oil
- 2 boneless, skinless chicken breasts
- Salt and pepper (to taste)
- 6 cups chopped Romaine lettuce
- 1 Roma tomato, diced
- 3/4 cup canned corn kernels, drained
- 3/4 cup canned black beans, drained, rinsed
- 1/4 cup red onion, diced
- black olives, sliced
- 1/4 cup shredded Monterey Jack cheese
- 1/2 cup shredded cheddar cheese
- 1/4 cup Ranch dressing (optional)
- 1/4 cup BBQ Sauce
- 1/4 cup tortilla strips

**Instructions:**
Heat olive oil in a medium skillet over medium high heat. Season chicken with salt and pepper, to taste. Add to skillet and cook, flipping once, until cooked through, about 3-4 minutes per side. Add a little BBQ sauce for flavor. Let cool before dicing into bite-size pieces. Chop lettuce, add all toppings (adding cheese, dressing, and tortilla strips last).

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**Tried and True Testimonial:** Jill Hansen sent this recipe to me. I think that her one word e-mail says it all... ‘Delicious.’

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**April’s “WHAT’S THAT?” Object:** April’s WHAT’S THAT? Object was never found! Well, Matt Millburn found it, but it was his Tiki-Style Talking Stick. Let’s hope you all have better luck finding June’s object. Good luck!